UW Medicine DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES
Family and Caregiver Training and Support (FACTS) Program

## **Open-Ended Questions**

Open-ended questions often start with "How?" "Why?" or "What?" and keep the conversation going. They help expand your understanding of your loved one's experience. This is different from closed-ended questions that only require a simple "yes" or "no" answer.

## **Examples**

Here are some examples of ways you might start an open-ended question:

<b>When</b> might you	<b>Where</b> might you	<b>What</b> is that like
want to	want to	for you
Can you <b>tell me</b>	<b>Describe</b> how	How did you <b>feel</b>
<b>more</b> about	that	when?
What do you <b>like</b>	<b>What</b> do you think	<b>Why</b> do you
about?	about?	think?"

UW Department of Psychiatry & Behavioral Sciences https://facts.psychiatry.uw.edu/ Last updated: 8.23.2024